



BRENDON M'NIVEN
~~'17~~ HALL ST
CHERTONHAM
3 APPLETREE DVE
GLOUCESTER



DISCLAIMER - MATERIAL INSIDE MOST
PROBABLY VERY BORING
AND DOES NOT NECESSARILY
REPRESENT THE AUTHOR'S
CURRENT STATE OF MIND

- 2-3/3/91 - Spent the whole weekend trying not to be tired from great dinner out at a great restaurant for bucks 21st - Bride photos everything - Angie's got very drunk - very cute + very funny - Amy got sick - looked after her - took a bath - very romantic + very nice - SUPERB!!!
- Michelle's 22nd Bday dinner at station place - shawarma in Bridge rd.
- Mergans (Amy's friend)'s 21st upstairs Naje city for lunch - very nice - very funny - underdressed OOPS!
- slept in Sunday - stayed at Amy's
- grid from training 12-4 - not as hard as I expected but feel some + better for it.
- Heather's 22nd gender party

me + Amy both loved - very relaxing + very good - nice night for it

- Went back and watched end of

Die hard. Amy gave me a massage

- feeling we very relaxed very ready for sleep. - 1 1/2 hours sleep.

5/3/91 - worked till 9:00 both

tonight - last night

- quick workout tonight.

- WORK - (1) money

- (2) enjoyment/satisfaction

- (3) people

and someone interested a

general career and hence plan for

the rest of your life

4/13 - 8 hours sleep

5/13 - 8 hours sleep

19/3/91

- Amy on a finger can be something to keep shining in beauty while the beauty of the wearer fades.

- Got to keep improving.

- Finances low at the moment

- CASH IN HAND/BANK = \$300

- OWE ON M/C = \$1200

- OWE ON e/c = \$100

- Glad I'm tall - gives you something to fall back on - no matter how low your spirits drop can always stand tall and feel an edge above others

people even if that one - A good reason to keep body in shape

This must be why so many

short people body build.

Went to - Travel - London

- States

- Canada

1000k

- Go everywhere for holidays

- Love Ang alot - want to marry

this girl, think the feelings mutual

- leave it for a while + let things develop

particularly in her life - kind of

- maybe then + move soon after or

a couple of years of work here first -

not too many → 1 → 2

Great friends with Sylvia

Love her alot too but only to be

around - Sometimes think it might

be nice to start a relationship but

not good for either of us - want

different things from like

Still been working hard on RMIT

- behind budget / schedule

- Peter Bassett putting in alot of

work - works out well if work Easter

- CI gone on the Saturdays - People

- Thats going to Baruch Awards for the

weekend

Don't want to get old living a

planned life in work, trains etc. or

extra - work activities would drop off

not leaving much

- maybe travel etc

Dad's look forward to having

on old body - Should be using!

mind at that stage - I don't know!

Just got on the wrong 'picks'

Train - Going to be late for training!

27/3/91.

A break up of times that can be spent in a relationship:

- Before living together:

- ① - Quality time - time spent with love still fresh - time spent with a little mystique - very interactive with each other - the playing of the cards.
- Two separate entities - sex!

② Activity time - time

spent doing things: going places etc. Can be broken into time as ①, or time spent interacting with other people.

③ Time to yourself - vital self explanatory.

④ Wasted time - time being with each other simply because you are boyfriend/girlfriend. Not interactive - watching TV without talking - one waiting while the other has to do something he/she should be doing on his/her own time.

①, ②, ③ - are all very good and are the main components of the

start & early stages of a relationship.

① is especially easy at this time as there is so much to learn about each other.

As a relationship goes on

③ can be lost and spent as ④ instead = This is not as bad as it seems. ④ is OK up to a point

but after a point it is the worst thing you can get in a relationship. This is when the Honeymoon - loss of ① + ③ → ④. Overall Quality of life decreases. This is what is likely to happen after marriage.

Solutions

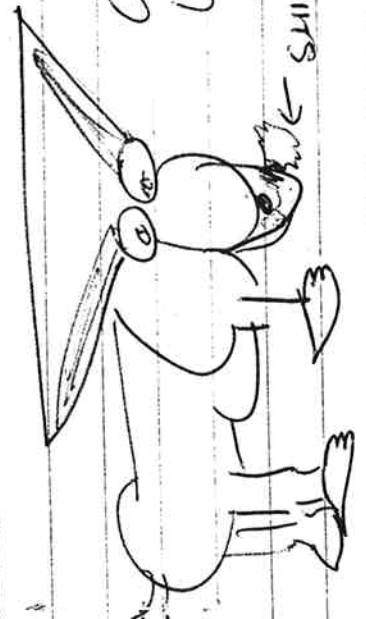
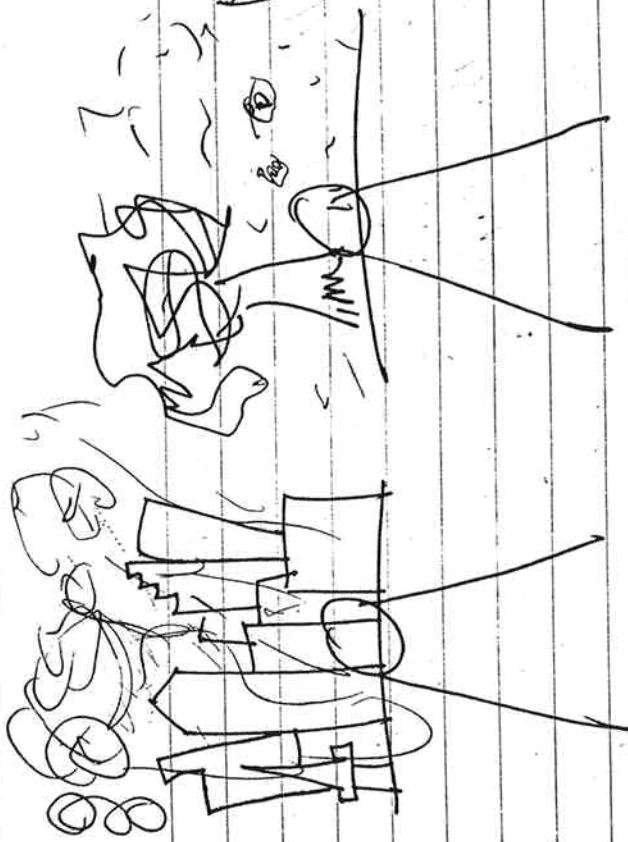
- spend less of ④ - very hard when living together.
- Try to relax ④ → ① by not making it such a solo activity.
- in housework is for the common benefit - very hard to do when not married.
- ① does not have to be achieved through talking - body language and senses

can achieve it as well.

The bending thing for all of these is having ③. - Time to sit down and organise the other ③ three types of time.

So many people seem to lose themselves in the interface image they wear to the world. - I wonder if they know themselves.

Maybe it's just that because I can't relate to their particular self that they seem so foreign ^{to me} that I assume that they are foreign to me as well!!



GUESS
WHOM!

← SHIRT

LIFE REST
EXITEMENT CALM
KNOWLEDGE BEAUTY
LEARNING LIFESTYLE.

DOING
EXPERIENCING
INTERACTING
LIFESTYLE
LUXURIES
BEAUTY

↑
live and
to live like
to see the
power of